

NEWS RELEASE

TSX-V: NZ

OTCOX: NZERF

New Zealand Energy Reiterates Communication Strategy

May 6, 2014 – Vancouver, British Columbia – New Zealand Energy Corp. ("NZEC" or the "Company") (TSX-V: NZ, OTCQX: NZERF) today advised shareholders that the Company remains committed to reporting production and development activities on a monthly basis, as originally announced on December 2, 2013.

NZEC's April production update was included in the Company's Q4-2013 Management's Discussion & Analysis, which was press released on May 1. The next update will be included in the Company's Q1-2014 Management's Discussion & Analysis, expected to be released on or before May 30. Thereafter, the update will be scheduled for the second or third business day of each month.

On behalf of the Board of Directors

"John Proust"

Chief Executive Officer & Director

About New Zealand Energy Corp.

NZEC is an oil and natural gas company engaged in the production, development and exploration of petroleum and natural gas assets in New Zealand. NZEC's property portfolio collectively covers approximately 1.91 million acres of conventional and unconventional prospects in the Taranaki Basin and East Coast Basin of New Zealand's North Island. The Company's management team has extensive experience exploring and developing oil and natural gas fields in New Zealand and Canada, and takes a multi-disciplinary approach to value creation with a track record of successful discoveries. NZEC plans to add shareholder value by executing a technically disciplined exploration and development program focused on the onshore and offshore oil and natural gas resources in the politically and fiscally stable country of New Zealand. NZEC is listed on the TSX Venture Exchange under the symbol NZ and on the OTCQX International under the symbol NZERF. More information is available at www.newzealandenergy.com or by emailing info@newzealandenergy.com.

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Forward-looking Statements

The use of the words "expected" and "scheduled" constitutes forward-looking statements with regard to the Company's plans to provide monthly production updates to shareholders. The Company will make best efforts to provide monthly updates, but circumstances may cause the timing of such disclosure to change, or the Company may choose to change the timing of such updates. The Company does not undertake to update the forward-looking statements contained in this document, except in accordance with applicable securities laws.