

HARVEST GOLD CORP.

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HARVEST GOLD GRANTS STOCK OPTIONS

Vancouver, British Columbia / December 18, 2018 – Harvest Gold Corporation (TSX.V: HVG) (the "**Company**") has granted incentive stock options to purchase a total of 4,370,000 common shares at an exercise price of \$0.075 per share for a period of five years to certain directors, officers and consultants in accordance with the provisions of its stock option plan.

About Harvest Gold Corporation

Harvest Gold is a mineral exploration company presently advancing its Cerro Cascaron high grade gold/silver project in Chihuahua State, Mexico, where an initial 3,000 metre drill program is underway. Harvest can earn up to 80% of the Cerro Cascaron project through its Joint Venture with Evrim Resources (TSXV: EVM).

Harvest Gold's Board of Directors and management team are experienced in successful exploration and have collective geological and financing experience exceeding 200 years.

ON BEHALF OF THE BOARD OF DIRECTORS:

Rick Mark, President and CEO

For more information please contact:

Rick Mark or Jan Urata @ 604.682.2928 or info@harvestgoldcorp.com

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.