

HARVEST GOLD CORP.

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Vancouver, BC. – October 1, 2019 – Harvest Gold Corporation (TSX.V: HVG) (the "**Company**") announces that, subject to approval of the TSX Venture Exchange, it intends to consolidate the issued and outstanding common shares of the Company on a 10 pre-consolidation for 1 post-consolidation basis.

The Company maintains its option on the Cerro Cascaron property in Mexico through its Joint Venture with Evrim Resources (TSX.V: EVM) and is actively investigating new opportunities to build its property portfolio.

ON BEHALF OF THE BOARD OF DIRECTORS

Rick Mark, CEO Harvest Gold Corporation

For more information please contact:

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Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.