



## Five Star Senior Living Inc.

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NEWS RELEASE

# High School Students to Explore Careers, Scholarship Opportunities, Leadership Skills at MIT AgeLab's Feb. 29 OMEGA Summit

2/12/2020

The Summit is designed to create connections between students and older adults during a fun, informative and collaborative day with Five Star Senior Living residents.

NEWTON, Mass.--(BUSINESS WIRE)-- In collaboration with **Five Star Senior Living Inc.**, the **MIT AgeLab** is convening its first national OMEGA Summit for high school students in the greater Nashville, Tennessee, area. OMEGA, which stands for "Opportunities for Multigenerational Exchange, Growth and Action," is an initiative designed by the AgeLab to support the development and growth of programs and clubs connecting high school students with older adults.

This press release features multimedia. View the full release here:

<https://www.businesswire.com/news/home/20200212005117/en/>

The Summit is open to all high school students and will be held at Five Star's Fieldstone Place, 51 Patel Way in Clarksville, Tennessee, from 10 a.m. to 2 p.m. Saturday, Feb. 29. Register by Feb. 21 on the **OMEGA Summit website**.

"This is our sixth annual but first national summit," says Taylor Patskanick, an MIT researcher of generational and age-demographic trends who manages OMEGA. "Our goal for OMEGA is to strengthen relationships and promote

connections across generations. During the Summit, we'll introduce students to the purpose and value of intergenerational programming through fun and informative activities with older adults. We'll also encourage them to pursue their ideas for intergenerational programs with one of the Nashville-area Five Star communities." The six Five Star communities that will host intergenerational programs developed at the Summit are **Fieldstone Place, Morningside of Belmont, Morningside of Franklin, Morningside of Gallatin, Morningside of Springfield** and **Walking Horse Meadows**.

During the Summit, students will receive information about OMEGA college scholarships, which are awarded to high school juniors and seniors and to their schools or programs for creating and leading intergenerational programs and activities.

Attending the Summit is also an excellent opportunity for students to earn service or volunteer hours, meet other students from across the state, develop leadership skills and learn about careers in aging services.

<b>WHAT:</b>	OMEGA Summit. Free for students in grades 9 through 12. Students and older adults will convene from across the state to talk about longevity, careers in aging, the power of sustainable intergenerational programs and the role students can play in creating and leading initiatives in one of the six Nashville-area Five Star Senior Living communities. Lunch will be provided.	
<b>WHEN:</b>	10 a.m. – 2 p.m. Saturday, Feb. 29	
<b>WHERE:</b>	Five Star's <b>Fieldstone Place</b> , 51 Patel Way, Clarksville, TN 37043	
<b>HOW:</b>	Register by Feb. 21 on the <b>OMEGA Summit website</b> .	
	<p>MIT AgeLab          1 Amherst St., Cambridge MA 02142          617.253.1894 • <a href="mailto:agelab.mit.edu">agelab.mit.edu</a>  <a href="mailto:omegamit@mit.edu">omegamit@mit.edu</a></p>	<p>Five Star Senior Living          400 Centre St, Newton MA 02458          617.796.7616 • <a href="http://FiveStarSeniorLiving.com">FiveStarSeniorLiving.com</a>  <a href="mailto:jelven@5ssl.com">jelven@5ssl.com</a></p>

## About MIT AgeLab

The Massachusetts Institute of Technology AgeLab in Cambridge, Massachusetts, was created in 1999 to invent new ideas and creatively translate technologies into practical solutions that improve people's health and enable them to "do things" throughout their lifespan. The AgeLab is a multidisciplinary research program working with business, government and NGOs to improve the quality of life of older people and those who care for them. The AgeLab applies consumer-centered systems thinking to understand the challenges and opportunities of longevity and emerging generational lifestyles to catalyze innovation across business markets. Learn more at <https://agelab.mit.edu>.

## About Five Star Senior Living Inc.

Five Star Senior Living (Nasdaq: FVE) is a senior living and health and wellness services company. As of Dec. 31, 2019, Five Star operated 268 senior living communities with 31,285 living units located in 32 states, including 190 communities (20,948 living units) that it owned or leased and 78 communities (10,337 living units) that it managed. These communities include independent living, assisted living, continuing care retirement and skilled nursing

communities. Additionally, Five Star's wholly owned subsidiary, Ageility Physical Therapy Solutions, provides rehabilitation and wellness services within Five Star communities as well as to external customers. As of Dec. 31, 2019, Ageility operated 231 rehabilitation clinics. Five Star is headquartered in Newton, Massachusetts. Learn more at [www.fivestarseniorliving.com](http://www.fivestarseniorliving.com).

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