

Humana Announces New Care Coordination Services for Members With Kidney Disease

Release Date:

Wednesday, December 11, 2019 9:00 am EST

Terms:

Dateline City:

LOUISVILLE, Ky.

Designed To Improve the Patient Experience and Health Outcomes, Services to be Available Initially in Four States

LOUISVILLE, Ky.--(BUSINESS WIRE)--Leading health and well-being company [Humana Inc.](#) (NYSE: HUM) is expanding its care management portfolio by teaming up with two specialized care management companies to offer personalized, coordinated services for Humana Medicare Advantage and Commercial members with kidney disease who live in four states. Through agreements with [Monogram Health](#) and [Somatus](#), Humana will offer care coordination to better diagnose and manage kidney disease toward improving members' quality of life and their health.

Individuals with chronic kidney disease (CKD) cannot properly filter blood, causing waste and fluid levels that can be dangerously high. [According to the Centers for Disease Control](#), CKD affects more than 30 million Americans – many of whom are not aware of their condition – and is the nation's ninth-leading cause of death. Management of CKD is complex, and failure to appropriately manage the condition may cause worsening health outcomes and considerable symptoms for those with CKD.

"Through this collaboration, we will strengthen care coordination for Humana members with kidney disease. Our partnerships will offer customized care options, and will empower patients with education and engagement tools to better manage their condition," said William Shrank, MD, MPH, Humana's Chief Medical and Corporate Affairs Officer. "This multidisciplinary approach will focus on detecting kidney disease earlier, slowing disease progression, and utilizing therapies that enable members to receive care in the convenience of their own home."

Teams from the two companies consist of clinicians – including nephrologists, nurses, dietitians, and social workers – who work to break down barriers to integrated kidney care. Services will include care coordination with a member's primary care physician and nephrologist; in-home health and medication assessments; patient education about treatment options such as home dialysis; and emotional support through counseling.

Monogram Health and Somatus will serve eligible Humana Commercial and Medicare Advantage members as follows:

- Monogram Health in Louisiana and Mississippi*
- Somatus in Georgia and Virginia**

"Humana is pleased to be able to offer our members with chronic kidney and end-stage renal disease a range of specific care management services to meet their unique health needs and help them spend more time at home than at a clinical care facility," said Susan Diamond, Humana's Segment President, Home Business. "This is a holistic, comprehensive approach to care for members with late-stage kidney disease. Through these agreements, Humana is proud to deepen our longstanding commitment to improve the patient experience and health outcomes, while reducing the cost of care."

* Services now available

** Services available starting January 1, 2020

About Humana

Humana Inc. is committed to helping our millions of medical and specialty members achieve their best health. Our successful history in care delivery and health plan administration is helping us create a new kind of integrated care with the power to improve health and well-being and lower costs. Our efforts are leading to a better quality of life for people with Medicare, families, individuals, military service personnel, and communities at large.

To accomplish that, we support physicians and other health care professionals as they work to deliver the right care in the right place for their patients, our members. Our range of clinical capabilities, resources and tools – such as in-home care, behavioral health, pharmacy services, data analytics and wellness solutions – combine to produce a simplified experience that makes health care easier to navigate and more effective.

More information regarding Humana is available to investors via the Investor Relations page of the company's web site at www.humana.com, including copies of:

- Annual reports to stockholders
- Securities and Exchange Commission filings
- Most recent investor conference presentations
- Quarterly earnings news releases and conference calls
- Calendar of events
- Corporate Governance information

Additional Information

Humana is a Medicare Advantage HMO and PPO organization with a Medicare contract. Enrollment in any Humana plan depends on contract renewal. Other providers are available in our network. The provider may contract with other Plans.

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English

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Ticker Slug:

Ticker: HUM

Exchange: NYSE

ISIN:

US4448591028

Source URL: <https://press.humana.com/press-release/humana-announces-new-care-coordination-services-members-kidney-disease>