Wendy's Power Mediterranean Chicken Salad: The Easiest, Most Delicious Choice You'll Make All Day

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DUBLIN, Ohio, May 12, 2016 /PRNewswire/ -- Eating better just got a whole lot tastier with the addition of Wendy's new Power Mediterranean Chicken Salad to its permanent menu lineup. Filled with bold flavors and packed with deliciously satisfying ingredients, this salad makes eating better...better.

"At Wendy's, our salads are all about fresh, on-trend ingredients that give you a great-tasting experience different from anything you can find in QSR," said Kurt Kane, Wendy's Chief Concept and Marketing Officer. "Our new Power Mediterranean Chicken Salad features a delicious blend of ingredients like feta, quinoa, fire-roasted vegetables and sundried tomatoes—this is a salad experience people are going to love."

Every Wendy's salad starts with a foundation of fresh lettuce that we hand chop every day in every restaurant. For the Power Mediterranean Chicken Salad, we add fresh red onions and grape tomatoes, along with marinated, freshly grilled chicken and crumbled feta. A savory sundried tomato grain blend makes this salad stand out with quinoa, chick peas, white beans, fire-roasted vegetables and sundried tomatoes. It's all topped with a drizzle of creamy hummus and a light balsamic vinaigrette.

All these flavors culminate in a bold, delicious salad that delivers 80 percent of your daily recommended protein, one third of your daily recommended fiber, and a full day's recommended serving of vegetables—all in one tasty salad!

Priced at $6.49 for a full-size serving and $4.49 for a half size, a fully dressed, full-sized entrée delivers 40 grams of protein with only 450 calories. It's the better way to satisfy your lunch or dinner time hunger.

For a crisp and refreshing duo, pair it with HONEST® Tropical Green Tea made exclusively for Wendy's. The proprietary blend of Fair Trade Certified™ organic green tea leaves includes hints of mango and pineapple flavors and is sweetened with Fair Trade Certified™ organic cane sugar. Available in small, medium and large sizes with a recommended price of $1.69, $2.29 and $2.69.

About The Wendy's Company

The Wendy's Company (NASDAQ: WEN) is the world's third largest quick-service hamburger restaurant chain. The Wendy's system includes more than 6,500 restaurants in 28 countries and U.S. territories. For more information, visit www.aboutwendys.com.
About Honest® Tea:

Honest Tea seeks to create and promote great-tasting, organic beverages and extend economic opportunities to communities in need. Founded in 1998 in Bethesda, MD, Honest Tea is the nation's top-selling organic bottled tea company, specializing in beverages that are Just a Tad Sweet®. Honest Tea's product lines include: ready-to-drink bottled teas, Honest® Kids organic thirst quenchers, Honest® Freshly Brewed iced tea, and Honest® Fizz zero calorie sodas. All drinks are USDA Organic, and all tea leaf varieties and cane sugar are Fair Trade Certified™. In addition to being recognized by the United States Healthful Food Council for helping change the food landscape, Honest Tea is a multi-year winner of awards from the Alliance for Workplace Excellence and a Montgomery County, MD Certified Green Business. Honest Tea continues to innovate out of its eco-friendly office in Bethesda, MD, as part of The Coca-Cola Company. For more information, visit https://www.honesttea.com/, facebook.com/HonestTea, and twitter.com/HonestTea.

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