

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

SCHEDULE 14A

**Proxy Statement Pursuant to Section 14(a) of
the Securities Exchange Act of 1934**

Filed by the Registrant

Filed by a party other than the Registrant

Check the appropriate box:	
<input type="checkbox"/>	Preliminary Proxy Statement
<input type="checkbox"/>	Confidential, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2))
<input type="checkbox"/>	Definitive Proxy Statement
<input checked="" type="checkbox"/>	Definitive Additional Materials
<input type="checkbox"/>	Soliciting Material under §240.14a-12

AMERICOLD REALTY TRUST

(Name of Registrant as Specified In Its Charter)

(Name of Person(s) Filing Proxy Statement, if other than the Registrant)

Payment of Filing Fee (Check the appropriate box):	
<input checked="" type="checkbox"/>	No fee required.
<input type="checkbox"/>	Fee computed on table below per Exchange Act Rules 14a-6(i)(1) and 0-11 (1) Title of each class of securities to which transaction applies: (2) Aggregate number of securities to which transaction applies: Per unit price or other underlying value of transaction computed pursuant to Exchange Act Rule 0-11 (set forth the amount on which the filing fee (3) is calculated and state how it was determined): (4) Proposed maximum aggregate value of transaction: (5) Total fee paid:
<input type="checkbox"/>	Fee paid previously with preliminary materials
<input type="checkbox"/>	Check box if any part of the fee is offset as provided by Exchange Act Rule 0-11(a)(2) and identify the filing for which the offsetting fee was paid previously. Identify the previous filing by registration statement number, or the Form or Schedule and the date of its filing. (1) Amount Previously Paid: (2) Form, Schedule or Registration Statement No.: (3) Filing Party: (4) Date Filed:

Voting Items

The Board of Trustees recommends you vote **FOR** the following:

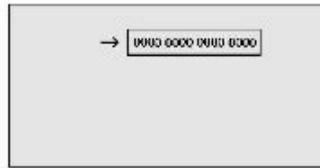
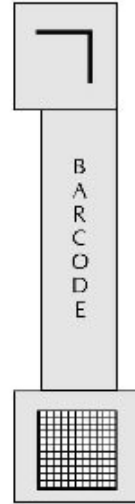
1. To elect nine trustees to hold office until the next meeting of Shareholders to be held in 2021 and until their successors are duly elected and qualified.

- (a) Fred A. Beaman
- (b) George J. Blumberg, III
- (c) Kelly L. Bennett
- (d) Antonio E. Fernandez
- (e) James T. Hirschman
- (f) Michael W. Hickey
- (g) David C. Hirschman
- (h) Earl B. Kottler
- (i) Andrew F. Power

The Board of Trustees recommends you vote **FOR** the following proposals:

- 2. Advisory Vote on Compensation of Named Executive Officers (Say-On-Pay).
- 3. Approval of the American Family Trust 2020 Employee Stock Purchase Plan.
- 4. Certification of Ernst & Young LLP as an Independent Accounting Firm for 2020.

NOTE: To transmit such votes, it must be properly submitted before the Annual Meeting.



Broadridge Internal Use Only
 00000000
 00000000
 0000
 0000
 Envelope #
 Sample Use #
 # of # Sequence #

Reserved for Broadridge Internal Control Information



0200044142_3 N1011B

NAME	
THE COMPANY NAME INC. - COMMON	123,456,789,012,12345
THE COMPANY NAME INC. - CLASS A	123,456,789,012,12345
THE COMPANY NAME INC. - CLASS B	123,456,789,012,12345
THE COMPANY NAME INC. - CLASS C	123,456,789,012,12345
THE COMPANY NAME INC. - CLASS D	123,456,789,012,12345
THE COMPANY NAME INC. - CLASS E	123,456,789,012,12345
THE COMPANY NAME INC. - CLASS F	123,456,789,012,12345
THE COMPANY NAME INC. - 401 K	123,456,789,012,12345

0200044142_4 N1011B

THIS SPACE RESERVED FOR SIGNATURES IF APPLICABLE

Broadridge Internal Use Only
 Job #
 Envelope #
 Sample Use #
 # of # Sequence #