



ASK A COOL PERSON | UPDATED SEPT. 2, 2020

What Are the Best Gym Bags?

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Photo-Illustration: Retailers

An ideal gym bag needs to check a lot of boxes: Can it hold everything you need for your workout and what you need to look presentable afterward? Does it have space for a water bottle, sweaty gym clothes, and a change of shoes? And, we don't think this is too much to ask, does it actually look nice?

We asked 14 fitness instructors and gym professionals to recommend their favorite backpacks and totes for carrying everything from your sneakers, spinning shoes, and sports bras to your toiletries and laptop. Their handsome and functional picks are a far cry from your beat-up college-era duffel.



Béis The Mini Weekend Convertible Travel Bag

\$88

Even though it's technically a small travel bag, Zoe Weiner, beauty and fitness editor at Well+Good, says this roomy gym bag is ideal for her as a self-described “bring your own straightening iron and three outfit options because I can't make a decision sub-7 a.m. and never remember to pack the night before' kind of gal.” She likes that the bottom compartment, where she stashes her laptop and other daily essentials, zips off so she doesn't

have to “schlep everything to post-work drinks.”

\$88 AT REVOLVE

To view the full story visit: <https://nymag.com/strategist/article/best-gym-bag-for-men-women.html>